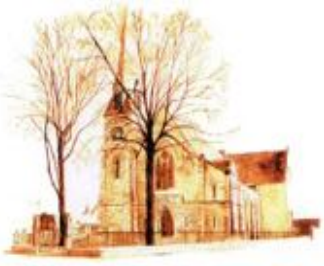

UDDINGSTON OLD PARISH CHURCH OF SCOTLAND

Charity Number SC016893

MAGAZINE

October 2021

Dear Friends,

As we journey through this season of autumn preparing ourselves for winter, I'm reminded by nature that autumn is the time to let go; to let go of fear, of hatred, of uncertainty. As someone who lives with chronic pain, I'm often reminded of the changing pattern of the pain cycle, there are good days and challenging days, moments of struggle, moments of darkness and moments of great joy. There are days when it's a struggle to complete simple tasks. In my case even walking a short distance., standing or sitting for a period of time causes pain that only eases with medication to allow you to get through the day but that comes at a cost, with fatigue, forgetfulness and lack of concentration to name a few. It is so easy to get angry with this condition and I do. It's easy to hide away and shut out the world and I've done that. Your identity changes from someone who has always been active to someone who can't do anything in other people's eyes. Yet for those in similar situations to me our identity hasn't changed, we are the same people with different challenges to overcome. We find new ways of getting through the day. We work differently, so when we are having a good day we are productive, when we struggle, we rest. It is frightening for us. We do not know what our day will be like, yet we learn to adapt and overcome. Each task completed, whether a minor or major achievement is a time to celebrate. Each day we rise again and overcome mountains. Each day we smile or shed tears, we laugh or cry out in pain yet we never give up, for we are people of faith. We never give up on what is important to us for we are reminded that we are children of God, loved by God and we have nothing to fear.

I'm reminded of what Henri Nouwen writes: *When we can reach beyond our fears to the One who loves us. Once we have come to the deep inner knowledge—that we are born out of love and will die into love, that every part of our being is deeply rooted in love, and that this love is our true Father and Mother, then all forms of evil, illness, and death lose their final power over us and become painful but hopeful reminders of our true divine childhood.* The apostle Paul in the book of Romans 8:38–39 wrote *"I am certain of this: neither death nor life, nor angels, nor principalities, nothing already in existence and nothing still to come, nor any power, nor the heights nor the depths, nor any created thing whatever, will be able to come between us and the love of God, known to us in Christ Jesus."*

So, friends, whatever you are facing, stay faithful, stay strong and know that you are loved by God

Blessings

Rev Fiona *Reverend Fiona McKibbin*

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Next Issue

Articles for theNovember Magazine to the editors by **Thursday 28th October 2021**

Available **Sunday 7th November 2021**

We are alway happy to receive articles for inclusion in your magazine. Submissions can be sent direct to the editors or by e-mail to magazine@uddingston.org or on paper

Church Garden

The weather has been a gift in this area this September, forecasted thunder storms miss us and even rainy days have sunshine and the temperature is mild, perfect for Harvest time which thankfully we should be able to celebrate in church this year.

These brambles winked at me like jewels, looking so juicy and ready to eat when I saw them out walking. I would love to have picked some but had no means of carrying them, before I'd have just popped one or two in my mouth but in these Covid times I think we are becoming more fearful of things we would have done naturally in the past, better to leave them for the birds anyway.

In the garden tree and plant leaves, where the tree canopy is dense, are currently covered in sooty black spores. The Congregational Board is appointing tree specialists to cut back overhanging branches in the garden, this will allow much more light in and this should make a big difference to what we can grow. We have some ferns growing but even a fernery needs some light. We will scatter forget me not seeds soon and hope they take.

We are thankful for this season of 'mists and mellow fruitfulness' and this beautiful early autumn preparing us for the winter to come and Christmas when we look forward to welcoming Jesus - the Light of the World.

Stay connected with the

Uddingston Old Parish Church

and

Rev Fiona McKibbin

01698 814757

fmckibbin@churchofscotland.org.uk

Church Website: www.uddingstonold.org

Facebook: uddingston old parish church

Monday Club

Our first few weeks back have been lovely seeing some of our regulars and some new faces too. We run from 2pm to 3.30pm. As spaces a limited at the moment could you please book a seat by calling Mary on 07742888623

Provisional Programme

<u>October</u>

4th Film Show

11th Entertainer

18th Team Quiz

25th 2nd Campfire Singalong

<u>November</u>

1st The Price is Right

8th Film Show

15th George Rodger Entertains

22nd Team Quiz

29th Singalong

You will require a mask, unless exempt. Entrance will be through the large hall doorway with the ramp.

UDDINGSTON OLD PARISH COMMUNITY CAFÉ

The Café is open again

from 12noon until 2pm in the large hall.

We will be adhering to current Government and Church of Scotland guidelines to ensure everyone's safety.

All appropriate measures will be in place.

We look forward to seeing you there.

If you are able to volunteer,

please contact Liz on 07432729508.

The Guild

The Guild re-started on Tuesday 5th October. After much consideration we have decided to try having our meetings during the afternoon rather than in the evening. We felt this might make it easier for folks getting out and home again in daylight. For the moment we have also decided to meet fortnightly rather than weekly as we are unsure as to how easy or difficult it will be to get speakers and the meetings will have to be led by in-house talent till we see how things pan out over the next few months. We as a committee hope that you will support the Guild as you have in the past and that we will enjoy again our time of fellowship.

Due to continuing COVID restrictions we will be required to wear masks indoors and be sitting socially distant from each other and follow the guidelines as to entering and leaving the premises i.e. using the back door ramp into the hall. We will still be able to have our usual cup of tea served at the tables.

The meetings will be from 2pm - 3.30pm on the following Tuesday afternoons providing no further obstacles are put in our way.

2021	2022
October	January
5th and 19th	11th and 25th
November	February
2nd, 16th and 30th	1st and 15th
December	March
7th	1st, 15th and 29th

THIS SHOULD RATTLE YOUR BRAINS A LITTLE

If you ever feel stupid, then just read on. If you've learned to speak fluent English, you must be a genius! This little treatise on the lovely language we share is only for the brave. Peruse at your leisure, English lovers.

Reasons why the English language is so hard to learn:

1) The bandage was wound around the wound.
2) The farm was used to produce produce.
3) The dump was so full that it had to refuse more refuse.
4) We must polish the Polish furniture.
5) He could lead if he would get the lead out.
6) The soldier decided to desert his dessert in the desert.
7) Since there is no time like the present, he thought it was time to present the present.
8) A bass was painted on the head of the bass drum
9) When shot at, the dove dove into the bushes.
10) I did not object to the object.

CHRISTMAS GIFT SERVICE

In past years we have helped lots of different charities and families in lots of different ways.

This year we want to help HAMILTON FOOD BANK and put together 'Hampers of Help' which would provide Christmas dinner.

One of the main considerations is that cooking and storage facilities maybe limited and therefore food has to be either tinned or packets where the food only needs to be heated.

With the aid of the food bank and what they can already supply we are hoping that with your help we could supply the following;

Cracker type biscuit to serve with soup

Tins of cooked meat eg. Ham, chicken or beef

Tinned potatoes or packets of instant mash

Small tins of cream

Tins of fruit

Some type of bought cake

Chocolates and/or savoury nibbles

Our plan is to receive your donations on Sunday 30th November, 5th & 12th December to allow us to make the hampers then deliver them to the food bank who can then supply where needed.

On Sunday 20th a member of the food bank team will come to our service to 'accept' the gifts.

I know this has been a hard time for us all but these items can be easily picked up with our own shopping. Any monetary gifts will be given to the food bank to use as they see fit which is what we normally do.

Any gift you can donate will make a difference.

Thank you in anticipation of your kindness and generosity .

Grace McKirdy

LIFE AND WORK MAGAZINE 2022-2023

Can I ask for the names of anyone wishing to be added to the list of those receiving a monthly copy of the Life and Work magazine next year starting in February 2022 through to January 2023? The cost will be maintained at £36 per annum.

Alternatively, if you wish to be removed from the existing list of the present recipients, then can you also let me know? In either case this should be as soon as possible, but certainly no later than Monday 1st.November 2021. If you do not contact me then, it will be assumed that you will want to continue your delivery of the magazine as normal, and payment will become due as I cannot return the magazines once ordered.

The money for the next year will be collected in February 2022, and there will be a small brown envelope attached to the magazine that month. This will confirm the amount for payment. If you put your payment in the envelope, then put the envelope into the collection on a Sunday, I will receive these each week and record those who have paid.

Over the last 18 months or so, due to the Covid scenario, I have personally delivered the magazines every 2 months, and hope that has not been an inconvenience for you. We can but hope things return to normal in the foreseeable future and that we can return to collecting the magazines at the Church more regularly.

I would like to thank everyone for their prompt payments this year as it does make things easier from my perspective. Thanks in anticipation for next year.

If you have any queries whatsoever, please do not hesitate to contact me.

Ken Storrier Telephone: 01698 816355 (and leave a message if I do not pick up, but remember to leave your name and contact number), or speak to me at the church, or leave a note in the pigeon hole in the vestry corridor.