



UDDINGSTON OLD PARISH CHURCH OF SCOTLAND

Charity Number SC016893



MAGAZINE

May 2024



Pastoral Letter

Dear Friends,

It saddens me that our world is broken. People are struggling, are fearful and lonely, isolated and are longing for community. We are living in a time of war, we have violence in our communities, we have poverty, we have an increase in mental health issues, the cost-of-living crisis ... to name a few issues which are seeping into our psyche. I'm reminded of the following quote by Rev Angel Kyodo Williams, Roshi:

"We cannot have a healed society, we cannot have change, we cannot have justice, if we do not reclaim and repair the human spirit"

All of us are broken in some way or another so how can we repair the human spirit. Is it simply by showing our frailty and fragility? Recognising that we all need to come to terms with our own need to be held, loved and comforted as well as recognising those reaching out to us to hear those words, I see you, I hear you, I see your pain. Realising that it is only when we're willing to engage ourselves, to embrace our own fears and struggles and admit that we too, stand on unsteady ground, that we can meet another person in the heart of their pain.

How do we keep from becoming numb in a world drowning in human suffering? How do we not fill up with the cumulative toll of other people's suffering or grow callous about their wounds? Is it even possible to stay compassionate and vulnerable and healthy, while holding the vastness of the pain around us? The answer is Yes, knowing that the Deep understanding of our own pain makes it possible for us to convert our weakness into strength and offer our own experiences as a source of healing to those who are often lost in the darkness of their own misunderstood sufferings. We are not called to fix the situation but to be with them in their pain. The more openhearted we are, the greater the vulnerability and yes, we can empty ourselves in the care of others, even when they too are breaking or maybe even already broken.

The hope lies in the full awareness that one day we, too, will walk in the path of the bereaved and broken-hearted. To trust that when we do, there will be someone to see and hold us, to tenderly release the grief from us. When we allow ourselves to be held, when we embrace our own vulnerability, we can be revitalised not only with greater humility, but also with deeper compassion - for ourselves, and for those with whom we share our love

Christ says: *"When I was hungry you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me."*

Blessings

Rev Fiona

Reverend Fiona McKibbin

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Next Issue

Articles for the
June Magazine
to the editor no later than
Thursday 23rd May 2024
Available
Sunday 9th June 2024
(Due to Editor's holiday)

We are always happy to
receive articles for
inclusion in **your**
magazine.

Submissions can be sent
direct to the editors or
by e-mail to

magazine@uddingston.org

or on paper

Church Roll Intimations

Deaths

At this sad time our prayers and condolences are with the families of

Mrs Elizabeth Wilson

Date of Death: 19th April 2024

and

Mr George Dalgleish Walker

Date of Death: 21st April 2024

UDDINGSTON OLD PARISH CHURCH

is holding an

AFTERNOON TEA WITH MUSIC

on

Saturday 22nd June

To celebrate 150 years of worship

2pm - 4pm in the Church Hall

Tea Ticket - £5

Please come along and support us at this event.

150TH YEAR CELEBRATIONS

What does Old Parish mean to you?

As part of the ongoing celebrations, we are pulling together pictures, stories and memories of our Church and the part it has played in our lives. If you have any wedding, baptism or any kind of event photographs, with dates etc, in the Church could let us borrow them so that we could put together a display within the Church and the halls. Any pictures will be copied and returned to you.

Please contact Liz Vasey on 07432 729508 or by email lizpalmer123@msn.com

If you could spare a little time to help with this it would be greatly appreciated.

Stay connected with the
Uddingston Old Parish Church

and

Rev Fiona McKibbin

01698 814757

fmckibbin@churchofscotland.org.uk

Church Website: www.uddingstonold.org

Facebook: uddingston old parish church

Uddingston old parish kidz

Door Duty Roster

Morning Service at 11am

Front Door teams for the next month:

<u>May</u>	12th	Team 4	Muriel McCandlish
	19th	Team 5	Andrew McCandlish
	26th	Team 6	Walker Lyttle

<u>June</u>	2nd	Team 7	Ken Storrer
		(Communion)	

	9th	Team 8	Mary Fox
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If you are in one of the above teams, please bear in mind that you should try to arrange for a substitute if you can't make it.

WATERAID

A big thank-you to all who contributed to this year's Wateraid collection as well as those who helped count the cash on Easter Sunday.

The total raised including a contribution from the Sunday School of £74 and the Community Cafe of £250 was £1373.81.

The aim of Wateraid is to ensure that every person on Earth has access to clean water and adequate sanitation. There are still sadly millions who do not, but every penny we collect helps them towards that goal

David



Monday Club

All are welcome on
Mondays 2pm till approximately 3.30pm

Mary and the committee have organised the coming programme:

May

6th Indoor Gardening



13th Summer Serenade - Church Concert Party

20th Sports Day

27th Games



June

3rd Bus Trip to Largs



10th Singalong

17th Summer Picnic in Hall

24th Summer Tea Dance



Crafters Wanted

We would like to create wall hangings for the Church and halls. We are looking for anyone who can help with ideas and making these up. This will be an ongoing project. If you can draw, design, knit, crochet, sew or even glue please help. Initial thoughts are that small groups would take one hanging, eg the Sunday School and the Girls Brigade are taking one each when they return in September. All materials will be supplied.

If you think you can help, please contact Liz on 07432 729508 or lizpalmer123@msn.com

If anyone has any ideas for other projects this year please get in touch.

*God be with you in the morning,
Guide and bless you through the day,
Fill you with His love and comfort,
Bring you strength along your way.
God be with you when the sunshine
Like true friendship glows so bright,
And when stars and moon shine gently,
God be with you through the night.*

Elizabeth Gozney

Follow me!

(To the tune, Let it be.)

When I find myself in times of trouble,
Jesus' spirit speaks to me, with these words
of wisdom, 'Follow me.'
And when my soul's in darkness, he is standing
right in front of me

Speaking words of wisdom, 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ, he has the answer. 'Follow me'.

And when the broken hearted people living in
the world can't see.

Christ will have the answer, 'Follow me'.

For though they may be blinded, there is still
a chance that they will see.

Christ, he has the answer. 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ, he has the answer. 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ, he has the answer. 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ, he has the answer. 'Follow me'.

And if I live in darkness there is still a light
that shines on me

Shines until tomorrow, Christ can see.

My spirit soars to the sound of angels, when
the Holy Spirit comes to me.

Speaking words of wisdom. 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ, he has the answer. 'Follow me'.

Follow me, follow me, follow me, follow me.
Christ's Spirit has the answer. 'Follow me'.

John Jardine (B B J) April 2024.

Truths that adults have learned!

Wrinkles don't hurt

Families are like fudge ...mostly sweet, with a few
nuts.

Today's mighty oak is just yesterday's nut that held
its ground.

Laughing is good exercise. It's like jogging on the
inside.

Middle age is when you choose your cereal for the
fibre not the toy....