



UDDINGSTON OLD PARISH CHURCH OF SCOTLAND

Charity Number SC016893

MAGAZINE

November 2025

Pastoral Letter

Remembrance isn't just for one day - it's a year-round call to be Communities of Grace, Communities of Welcome, for those veterans and their families. That we as a church have an opportunity in sharing the healing peace found in Christ Jesus with those who need it most. To become a place that listens and sees the individual and honours their sacrifices. to see people for who they are. Not the outward appearance but to hear their stories, to share in their pain and their joy.

I was reading about Dr Viktor Frankl ... a psychiatrist from Vienna who during the Second World War had everything taken from him: - his home, his books, his patients, even his name. On the prison roster, he wasn't Dr. Viktor Frankl, psychiatrist from Vienna. He was only a number: 119104. But, even in the horror of the camps, behind barbed wire and ash, Viktor Frankl continued to do the one thing no wall could stop – *he healed the human soul*.

He was deported first to Theresienstadt, then Auschwitz, and finally Dachau. Every day he watched men dying not only from hunger and disease – but from the slow starvation of meaning and there, in the heart of hell, he discovered a truth that would change modern psychology forever:

Even when everything is taken from us, one final freedom remains – the freedom to choose our attitude toward fate.

Frankl began speaking with other prisoners – not as a doctor, but as a fellow sufferer. He reminded them of reasons to keep living:

- a son waiting to be seen again,
- a love not yet lost,
- a dream not yet fulfilled,
- a purpose still worth enduring for.

Some survived because of that spark. Others perished, but with a peace no guard could ever steal.

When the war finally ended, Viktor Frankl weighed barely forty kilograms. He had lost his parents, his wife, and every possession – except for one thing: the book he had already written in his mind. It became the foundation of Logotherapy – “*healing through meaning*.” Frankl taught that medicine can ease pain, but only purpose can heal it. In 1946, he published ‘Man’s Search for Meaning’, now translated into more than 50 languages. Its message is as simple as it is eternal:

“He who has a WHY to live can bear almost any HOW.”

Words born in a death camp – yet still healing those who are lost in life today. Because as long as a person can find meaning, even darkness cannot destroy them.

Friends, we cannot let the darkness of humanity destroy us ... we must always look for hope, even in despair. We cannot dehumanise an individual, we must see the person for who they are, especially those serving in the armed forces, the veterans, the PTSD sufferers, those suffering from the devastation of war as well as those struggling with the moral conscience of war ... *We must never forget, we must remember them.*

To all who served and are serving: Thank you for your Service ... Lest we forget

Blessings

Fiona

Reverend Fiona McKibbin



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Next Issue

Articles for the
December Magazine
to the editor no later
than **Thursday 27th
November 2025**

Available
Sunday 7th Dec. 2025

**Please note there is no
magazine in January so
please think ahead if
you have something
planned for January
2026 you want
advertised.**

We are always happy to
receive articles for
inclusion in your
magazine
by email

magazine@uddingstonold.org
or on paper

Church Roll Intimations

Marriage



Saturday 11th October 2025

Amy Rooney & Lewis Jones

Door Duty Rota

Morning Service at 11am
Front Door teams for the next months:

November

2nd	Team 1	Louise Kerr
9th	Team 2	Colin Pettigrew
16th	Team 3	Helen Cuthbert
23rd	Team 4	Muriel McCandlish
30th	Team 5	Andrew McCandlish

December

7th	Team 6	Walker Lyttle (Communion)
14th	Team 7	Liz Lyttle
21st	Team 8	Mary Fox
28th	Team 1	Louise Kerr

If you are in one of the above teams, please bear in mind that you should try to arrange for a substitute if you can't make it.

COMMUNITY CAFE NEWS

During September we had a Bake Sale for MACMILLAN. £700 was raised.

During October **Breast Cancer Awareness Month** all donations on Friday 24th October plus all monies raised at the CRAFT FAYRE on Saturday 18th October are being donated to this cause. To date £700 has been raised.

At the Gift Bag stall at the Craft Fayre £71 was raised for the Church Flower Fund

FRIDAY 7TH NOVEMBER

Donations at the Cafe on this date will go to **POPPY SCOTLAND & SAFFA** as will those from donations for the Teas & Coffees which will be available in the Church Hall after the service at the War Memorial on **Sunday 9th Nov.**

Stay connected with the

Uddingston Old Parish Church

and

Rev Fiona McKibbin

01698 814757

fmckibbin@churchofscotland.org.uk

Church Website: www.uddingstonold.org

LEST WE FORGET

REMEMBRANCE DAY

SUNDAY 9TH NOVEMBER
10:45AM SERVICE AT UDDINGSTON
OLD PARISH CHURCH
12NOON AT WAR MEMORIAL

OUR RETIRING OFFERINGS WILL BE
SUPPORTING POPPY SCOTLAND AND
SSAFA LANARKSHIRE

CRAFT CLUB

Do you want to learn a new craft?
From Tuesday 14th October between 2 and 4pm we are starting a new club which will meet every two weeks.

[14th & 28th Oct & 11th & 21st Nov].

Come along and share your skills, learn something new or even complete a project.

Sewing, knitting, crochet, paper craft etc.

There will also be tea, & coffee available and time to chat.

Grace McKirdy

Mens Fellowship Programme

Meetings are held in the Side Sanctuary 7.30 - 9pm

November

3rd	1938 Empire Exhibition & Garden Festival - David Atkins
17th	The History of Construction Toys - Valerie Reilly

December

1st	The Life of a Policeman
8th or 15th	Christmas Dinner (tbc)

Citizen's Advice Older Persons Out Reach Clinic

The next Citizen's Advice Outreach Clinic will take place in the side sanctuary on

Friday 21st November 11am to 2pm

Future date:

Friday 19th December 11am to 2pm

The clinic will be run by Linda Smith
CAB Out Reach Community Adviser.

What is Scotland?

It wiz fancy Hooses, an' single ends.
Expensive hotels, an' Butt an' Bens.
Ootside wash hoose, an' ootside loos.
Families workin hard an' drinkin' lot's o' booze.
Women in the mills an' men in the pits.
Naebody could get a job that really fits.

Fertile fields, hills an' mountains.
Rivers wi' waterfalls that splash like fountains.
Lochs, an' so many trees, you just canny measure.
But the people are the real Scottish treasure.

Weans in the street that's whaur they're playin'.
Oot till it's daurk an' ii's whaur we're stayin'.
Some families struggle to mak ends meet.
But we all pull together, so all can eat.
Freens an' neebours aye there for each other.
After aw, we are aw sisters an' brothers.

The Scots name is trusted wherever you go.
English? Naw, hear the accent, then you'll know.
Life was harder but easier then.
Life moves oan, but that ye ken.
Things chinge, there's mair money aboot
Are we better aff, nae, mair problems nae dout.

Advertisin' tells us tae buy things we dinnae need.
Hey, hiv you furgot, you've got weans tae feed?
Dinnae dae things right, ye get intae a guddle.
That's the reason so many folk struggle.
Fancy holidays, big cors an' huge colour TV's.
Mobile phone?, 'Gies a mair expensive wan please'.

Prices keep going up, £350 fur a pair o' trainers.
People buy these things, and I say, nae brainers.
An' the rest o' the world is just the same.
What is Scotland?, it's what we ca', 'Oor Hame'.

B B J May 2022

Guild News



The Guild resumed meeting for the new session on Tuesday 7th October with 'Jeely Pieces' and a relaxed welcome back afternoon led by Elspeth who stretched our minds with some seasonal quizzes after which we had time to catch up with one another while sampling some tasty home made jam on a variety of bread.

On 21st October we welcomed Fiona our minister who spoke to us on the Guild Theme for the coming year 'Living Stones'. She challenged us with Lego Building Bricks to use our imagination as to what we could build, and also encouraged us to go forward as Guild members to continue meeting the challenges we face as Christians today.

November

4th **Project - Bibles For Bairns**
- Jen Robertson
(Scottish Bible Society)
18th Deputy Lord Lieutenant Of Lanarkshire
- Alison Plummer

December

2nd Christmas Celebration

Monday Club

All are welcome on
Mondays 2pm till approximately 3.30pm

Mary and the committee have organised the coming programme:

November

3rd Table Talk
10th War Memory Quiz
17th Crafts
24th Concert



December

1st Crafts
8th Singalong
15th Lunch
22nd Holiday
29th Twixmas Lunch



GIFT SERVICE 2025

How time flies! Yes, it is time to start planning for our Gift Service which will take place on Sunday 21st December. This year we are supporting **Fir Park School** for children who need supported education. Some of you may remember we also helped them several years ago.

All the teachers are delighted by our offer of support and have supplied the following list of items that would help and be enjoyed by the children.

If you choose to give a financial gift this would be used to go towards outdoor play equipment and other classroom extras.

A big thank you from me for your time and gifts to encourage and help the **Fir Park Children**.

Books + "feely" books + hard board books.



Sensory toys Musical toys Bubbles Building blocks Lego Duplo
Dinosaur toys Shaving Foam Dried Rice and Pasta Ziplock bags



Grace McKirdy